

Franklin Children's School

SAFE SNACK LIST

All snacks must be in the original packaging and clearly labeled. Fruit and vegetables must be whole. All fruit and veggies will be cut by the teachers at FCS to avoid any cross contamination. To ensure the safety of our children we are not able to serve food with packaging that states "processed in a facility with nuts." Due to changing packaging/manufacturing practices this list may be revised.

We will serve 2 foods (from different groups, below) for a healthy, nut-safe classroom snack!

Group 1: Fabulous Fruits & Veggies

• Any **FRUITS**, such as:

- bananas
- apple slices
- grapes halved
- watermelon
- peaches
- Blueberries
- pears
- clementines/orange slices
- applesauce
- Raisins/Craisins

• Any **VEGETABLES**, such as:

- carrot sticks
- cucumber slices
- cherry tomatoes halved
- salsa

Group 2: Great Grains

- Popcorners
- Nabisco's Triscuits
- Tortilla chips (Tostitos)
- Pepperidge Farm Goldfish
- Annie's Cheddar Bunnies
- Veggie sticks (Garden Veggie Straws from Sensible Portions)
- Pretzels (Rold Gold)
- Nabisco Graham Crackers
- Nabisco Teddy Grahams (Honey)
- Nabisco Wheat Thins
- Ritz crackers
- Pirate's Booty
- Keebler Club crackers

Group 3: Delicious Dairy & Protein

- Yogurt
- Cheese (slices, string cheese)

Other:

- grape jelly